

## Parent Resource Guide

December Edition 2021



### How Horses Heal Me on Hard Days as an Autistic Person

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Meet the 9-year old girl with autism who is making worldwide headlines all the way from Mexico City. She is starting college with an IQ higher than Albert Einstein and Stephen Hawking.

[Read Full Article](#)

### Autism Future Planning: 5 Factors to Consider

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### Identifying Why Challenging Behavior Occurs: Tips for Prevention

Children with autism often display higher rates of challenging behaviors, including non-compliance, aggression, self-injurious behavior, and socially inappropriate behavior such as disrobing in public, when compared to typically developing peers. It can be difficult for family members, teachers, service providers, and other important stakeholders to manage these challenging behaviors.

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### 5 Tips For Surviving The Holiday Season From An Adult On The Autism Spectrum

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With the holiday season here, couldn't we all use tips to help minimize stress and to find more joy?



Greystone is here to help. If you have questions about our Residential Programs, Day Programs and Community Based Services, please click the button below

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